

Week 3 Term 2 May 2022

School website www.stmarys.ac.nz

School Facebook www.facebook.com/groups/stmarysschoolwanganui

School App From the Google Apps / Play Store: School Appsnz St Mary's School

Kia ora koutou

It is wonderful to have our parents back on site. We feel like we are starting to get back into normal school life again and it is awesome!

Save the date... on the 23rd of June we would love as many families as possible to join us at 6.30am to celebrate Matariki. This will be followed by a shared breakfast. We will let you know all the details closer to the time.

Please get the word out regarding enrolments. We would like to know names and dates of children coming our way so we can plan ahead. At this stage we have places for both existing families and new families. This changes quickly and we need to ensure students don't miss out.

Winter illness has arrived! Vomiting and Diarrhea are making their way through both staff and students. Please remember students must stay away 48 hours after any vomiting and/or diarrhoea.

On the next page I have included information from the Ministry of Health regarding illnesses to watch out for.

Our children preparing for Baptism start their classes this week. If you have missed the notice but want your child to be included please let Ivy know asap and we can organise things from our end.

As always, if you have any questions about our health and safety plans please get in touch.

E te Auta e manaarki ki a koutou katoa May God Bless you all Jacqui Luxton



Have you enrolled your pre-schooler for 2022 or 2023? Do you know families with pre-schoolers thinking about joining us?

We are always in planning mode. It is helpful for us to know who is coming so we can accept new families to our school community.

It's not too late to enrol your pre-schooler. If you know of a family interested in joining us please ask them to come in and see us or ring Ivy on 3431227 for an enrolment pack.





Baptism

Thank you to the parents who came to our Baptism course meeting last week.

If you would like your child to take part in the Baptism course at school, please ring Ivy. The preparation course starts this week on Thursday 19th June



GOULLITES!

"to speak evil of no one, to avoid quarrelling, to be gentle, and to show perfect courtesy toward all people." (Titus 3:2)

This term we are focusing on the Gospel value of Courtesy, so let's look at MANNERS.

When we focus on our manners, it shows respect of others and helps develop relationships in a positive way.

- Say please and thank you: this shows you appreciate people and are grateful.
- Stand aside and make way for elders: this shows respect for them.
- Say excuse me: it shows consideration for others.
- Share: This shows you care and think of others.
- Returning a greeting: Shows that you respect others.

At home, make a game of who can use the best manners and support one another in being more courteous.



Have a discussion with you child about what they

are learning.

- The Holy Spirit is God—the third in the Trinity:
- The Holy Spirit helps us to grow in a relationship with God·
- The Holy Spirit helps us choose the right thing and gives us strength to live as God wants us

We use symbols of fire, water and the dove:

Winter illnesses

Along with COVID-19, it is likely you will also be grappling with the impacts of illnesses such as colds and flus through the winter season.

Caution over the flu season is very important in 2022.

As noted on the Ministry of Health website:

- We've had very little influenza circulating in our communities since the pandemic began. This means our community immunity is lower than usual
- This winter there is the very real possibility of having flu and COVID-19 within a short space of time – this can lead to very serious illness
- If you do catch flu, it's important that you stay away from work or school while you're unwell. Look after yourself and your family – rest and fluids are especially important
- The symptoms of influenza can be the same or similar to the symptoms of COVID-19
- Call your health provider or Healthline and follow their advice. They may advise you to have a COVID-19 test, and self-isolate while you wait for the results
- It's also important to seek medical advice early if you are concerned, and especially if there are any danger signs, even if you have been seen before. Other serious conditions can also look like the flu, including meningococcal disease.

The tools we have to minimise spread of COVID-19 will also support a reduction in transmission of other seasonal illnesses including:

- · wearing masks
- regularly washing hands
- covering coughs and sneezes
- ensuring we have good ventilation
- staying home if unwell
- cleaning and disinfecting of high-touch surfaces regularly

Infectious diseases information

The HealthEd website has a poster which contains at-a-glance information on a number of diseases children may get.

On the next page I have included the infectious disease information poster which shows how each disease is spread, early symptoms, time between exposure and sickness and how long students should be home.

Infectious Diseases:

information & exclusion list

Condition

This disease is spread by

Coughing, sneezing and contact with weeping blisters

Coughing, sneezing,

and poor hand washing Direct contact with an infested person's hair, and less commonly by contact with contaminated surfaces and objects.

Coughing and sneezing, contact with an infected person Highly infectious.

Early Symptoms

Fever and spots with a bliste on top of each spot.

Fever, flu-like symptoms – rash on soles and palms and in the mouth.

Time between exposure and

10-21 days after being exposed

3-5 days

N/A

Exclusion from school, early childhood centre, or work*

1 week from appearance of rash, or until all blisters have dried.

Exclude until blisters have dried. If blisters

able to be covered, and child feeling well, they will not need to be excluded.

None, but ECC/school should be informed.

Treatment recommended to kill eggs and lice.

5 days after the appearance of rash. Non-immune contacts of a case may be excluded.

should be avoided

Rashes and skin infections

| Chi | cke | np | ox | |
|-----|-----|----|----|--|
| | | | | |



Hand, foot and mouth disease

Head lice (Nits)



Scabies

















| Contact with infected skin, bedding and clothing. | |
|---|--|
| Coughing and sneezing. Also direct contact with an infected person. | |
| Contact with infected skin. | |







| Flat, ring-shaped rash. | |
|---|--|
| Fever, swollen neck glands and a rash on the face, scalp and body. | |

Itchy rash



Red cheeks and lace-like rash on body

7-21 days

14-23 days

4-6 weeks (but if had scabies before

4-20 days

Until well and for 7 days Exclude until the day after

Unnecessary unless unwell

Until well and for 48 hours after the last

Cryptosporidium - do not use public pool

for 2 weeks after symptoms have stopped.

Diarrhoea & Vomiting illnesse

Campylobacter Cryptosporidium Giardia Salmonella

Hepatitis A

Norovirus

Rotavirus

Shiaella

VTEC/STEC



























1-2 days

12 hours-1 week

2-10 days

ptosporidium 1–12 days Giardia 3–25 days almonella 6–72 hours

Salmonella - Discuss exclusion of cases and contacts with public health service.

Until well and for 48 hours after the last Until well and for 48 hours after the last



Discuss exclusion of cases and their contacts with public health service.

Until well.

Respiratory Infections

Influenza and Influenza-like illness (ILI) Streptococcal sore throat

Whooping cough (Pertussis)





Headache, vomiting, sore throat. An untreated sore throat could lead to Rhoumatic fever by "whoop", vomiting or breathlessness

Sudden onset of fever with cough, sore throat, muscular aches and a headache.

1-4 days (average about 2 days 1-3 days

Exclude until well and/or has received antibiotic treatment for at least 24 hours 5-21 days

Five days from commencing antibiotic reatment or, if no antibiotic treatment then 21 days from onset of illness or until no more coughing, whichever comes first.

While there is discharge from the eyes

Other Infections

Conjunctivitie (Pink eye)







Direct contact with discharge from the eyes or with items contaminated by the discharge

Close contact with oral secretic (Coughing, sneezing, etc.) Spread through different routes including

coughing, sneezing, faecal-oral route Coughing, sneezing and infected saliva Irritation and redness of eye. Sometimes there is a discharge erally unwell, fever, headache

vomiting, sometimes a rash.
rgent treatment is require Generally unwell, fever

Pain in jaw, then swelling in front of ear and fever.

2-10 days (usually 3-4 days)

Variable

12-25 days

Until well enough to return.

Until well. Exclude until 5 days after





Ko fe ghored for the first stretume?

Kōrero Māori Mai (Speak to Me in Māori)

Kia Ora!
With a focus on measurement in Term 2
many classes are learning about time.
In the staffroom we have set up a wall
display to encourage us to ask that common
question:

What's the time? Ko te aha te wā?

Give it a go at home.

Pronunciation tip:The o in "Ko" is pronounced like "or" not "oh".

You can do it!









Room 5 Pirates!

Room five had a pirated themed day. We created our own pirate biography and shared these with the class. Some creative names and lives of our pirates were created. We made extendable telescopes and explored the school using our imagination to create a story to write about. It was a fun day for all of us.







Uniform Reminders

We are now into the winter term.

This means new uniform and a time to polish ourselves!

Long hair - to be tied up with black or navy ties.

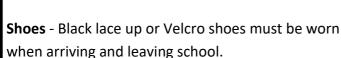
Please keep fringes tidy and above the eyes.



Earrings - only plain studs or sleepers please.



Taonga and Crosses - may be worn but must be tucked in for safety.





Name it, name it name it! We have 260 students... a black vivid marker works well!

Please keep fancy shaved haircuts for the holiday breaks.

Anderson's Uniform Shop are happy to help with both new and second hand. If things are a struggle please do come and see me.

We are here to help.





Catholic Parish of Whanganui

Te Părihi Katorika ki Whanganui (2015) Diocese of Palmerston North, New Zealand

ST MARY'S CHURCH 1 Campbell Street

HOLY FAMILY CHURCH 22 Tawhero Street

ST ANNE'S CHURCH 47 Raine Street

TE RONGO O TE POI

(Beat of the Poi to the Gospel) 584 Kaiwhaiki Road Kaiwhaiki Marae

NGAKAU TAPU (Sacred Heart) 4491 Whanganui River Road Rānana (London)

HĀTO HŌHEPA (St Joseph's) 600 Whanganui River Road Hiruhārama (Jerusalem)

Sunday Readings: Acts 13.14:21b-27, Rev 21:1-5a; Jn: 13.1, :31-33a, 34-35

Next Week: Acts 15.1-2, 22-29, Rev 21.10-14, 22-23; Jn: 14.23-29



Fifth Sunday of Easter

MASS TIMES Sunday Masses

Whanganui

Holy Family (HF) Vigil (Sat)

5:30pm Malavalam Mass

(Syro-Malabar Rite) 5:30pm (1st Sun of month)

St Mary's (SM) 9:30am

Maori Miha (3rd Sun of month)

St Anne's (SA) 5:30pm

11:00am (1st Sun of month)

Hiruhārama (Jerusalem) Rānana (London) 12:00pm (4th Sun; alternating venue) Next Mass 22 May: Ranana

Weekday Masses

Mon 9:00am Tues 10:00am HE 11:30am Wed 5:30pm Thurs 12.05pm SM Fri 12.05pm SM 9:30am



ADORATION & BENEDICTION

Wed 6:00pm-7:00pm 9:00am—11:50am SM concluding with Benediction on Fridays

RECONCILIATION (Rite I)

Fri 11:20am-11:40am SM Sat 9:00am-9:20am or by appointment

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CHILDREN'S LITURGY— will be starting up again Free On-line learning with Privacy modin June, it will be the 1st and 3rd Sunday of the month. Anyone who is able to help can you please

WEEK OF PRAYER FOR CHRISTIAN UNITY-

contact Paula Carter 027 324 6029.

Parish resources for this year's Week of Prayer for Christian Unity are now available to download from the NZ Catholic Bishops Conference website. The Week is celebrated in Aotearoa New Zealand between Ascension Sunday and Pentecost Sunday, so this year's Week is from 29 May to 5 June. The resources are also handy for individuals, especially the Eight Days of Prayer section. The chosen theme for 2022 is "We saw the star in the East, and we came to worship him." and is based on Matthew 2:2. Click here for the full resources: https://www.catholic.org.nz/ resources/wpcu2022/



THIS WEEK IS NATIONAL PRIVACY WEEK in New Zealand. It presents us with a wonderful opportunity to draw our attention back to the way we do things, and especially to reflect upon our procedures regarding the collection, communication, storage, and disposal of personal information.

The Office for the privacy Commissioner (OPC) has a number of resources and on-line learning modules that can help you to hone your skill set around handling personal information. Alongside this, the Catholic Tribunal Office, NZCBC and our own National Privacy Officer (Elizabeth Ong), are promoting Privacy best -practice in the Catholic Church using the acronym T.R.U.S.T.

The following links may provide you with some valuable learning or insight into growing your bestpractice, and the attached posters and PDF booklet address the Catholic lens through which we gain deeper meaning to the legal expectations (Exploring T.R.U.S.T.):

ules: https://www.privacy.org.nz/tools/onlineprivacy-training-free/

OPC workshops and seminars for Privacy Week 2022: https://www.privacy.org.nz/news/forums-and -seminars/privacy-week/2022-programme/

MUSIC AT ST ANNE'S & HOLY FAMILY- if any music group/musicians would like to play music at the Holy Family Vigil Mass 4th or 5th Saturdays of the month, or St Anne's Mass on the 1st and 2nd Sundays of the month, please contact the office.

VOCATION & DISCERNMENT RETREAT—

26-28 August at Magnificat Retreat Centre. Featherston, Registrations email: Fr Trung Nguyen pettrung89@gmail.com



SYNOD 2021-2023 Update | May 202

More than 230 group and individual submissions have been received since the synod journey began in our diocese, presenting the considered reflections, concerns and aspirations of a variety of age groups, ethnicities and parishes. The diocese wishes to thank all participants for opening their hearts and minds to the Holy Spirt and engaging in this process.

To find out more about the next stages of the local phase of the Synod in the Diocese of Palmerston North, please visit www.pndiocese.org.nz/synod

Died Recently

Peter Potaka-Osborne, Marie Carroll, Valerie Matheson & Michael La Pouple

Anniversaries

David Hartley, Tom Matthews, Pearl Matthews Jenny Fore, Pat Haddock, Francis Smith, Stephen Gallen & William Leslie Requiescant in Pace

JOSEPHITE RETREAT CENTRE

14 Hillside Tce, Whanganui, 06 345 5047, Ex3 www.marvmackillop.org.nz

Community Liturgy - The Sacred is in the Ordinary. Sunday 15 May, 4-5pm

How Films Impact Our Spirituality (Hope and Trust in the midst of confusion and Covid-19)

Film 3: The Diving Bell & the Butterfly

Thursday 19 May, 7-9:30pm, Koha with Marie Skidmore rsj

Vaccine pass still required.

What Gives Energy and Purpose to Your Life? with Te Ahi Kaa (Young adults from Palmerston North Diocese)

Wednesday 11 May, 7 - 9pm Koha Vaccine pass still required.

Care for the Carers

Care is the matrix that holds us together, one with another. In reaching out to respond to others, we remember to reach inward, to recognise what resources us, and in the care of the self. So come and enjoy and explore in the company of others, along your care journey. All welcome. Saturday 21 May 10am - 2:30pm Koha with Merita Holder and Maree Hickey rsi Lunch provided - please indicate any particular dietary need, when booking. Vaccine pass still required

SOCIETY OF ST VINCENT

The Whanganui conference

of the Society meets 1st & 3rd

Wednesdays of each month

Tawhero St, Whanganui, 5.00pm.

at Holy Family Church,

Foley 0273264275.

DE PAUL

Enquires, please call Pam on 06 345 5047 ext 3 or email pam.hopper@sosj.org.au



HOMELESS HUB OUTREACH

This week's delivery of soup and buns will be made by the Jill Hobbs' Team. Further information contact Jo 027 278 7943 or

NZCatholic

TAX RECEIPTS-Are now available at the St

ALIVE IN SPIRIT CONFERENCE— Catholic networks in New Zealand and Australia are again co-hosting the virtual Alive in the Spirit conference to enrich Catholic communities as the two countries emerge from the Covid-19 pandemic. Attended online by 1000 people last year, the interactive pastoral experience offers individuals and groups a variety of ways to engage flexibly. The NZ organiser is Amy Armstrong, pastoral ministry coordinator for the Diocese of Dunedin. It runs from 26 to 28 May. Full details here: https:// www.catholic.org.nz/news/media-releases/alivespirit-returns/



St Marcellin School

Acting Principal: TBA 7a Totara St. Wanganui 06 349 0023

stmarcellin@we www.stmarcellin.school.nz



St Mary's School



Principal: Mrs Jacqui Luxton DRS: Mrs Cath Daignault 30 London St, Wanganui 06 343 1227 school@stmarys.ac.nz www.stmarvs.ac.nz

St Anne's School

Principal: Mrs Ann-Maree Manson-Petherick DRS: Mrs Jo Gichard. 45 Raine St. Wanganui 06 343 8389



office@stannes.school.nz www.stannes.school.nz

Cullinane College Principal: Mr Justin Harper DRS: Ms Helen Dougherty 15 Peat St. Wanganui 06 349 0105

office@cullinane.school.nz www.cullinanecollege.school.nz

Pat 343 6313.

ON SALE NZ Catholic \$4

Mary's Church fover.

YOUNG ADULTS GROUP On hold at this time MEN'S FAITH-SHARING

Fridays 7:00am. For further information and venue contact Peter 06 342 5812

Enquiries: Marianne Vine 027 422 8170 or Kevin

LEGION OF MARY

Meets Tuesdays 4pm at Holy Family Church. Contact Lake Falconer 06 344 4170

EXPLORING FAITH GROUPS

PARISH GROUPS

Mondays 7:30pm-9pm Zoom meeting & Tuesdays 10:00am-Noon. St Marys' Meeting

Contact and enquires to Nancie & Brian Quigley 06 347 8177 (Evening Group) Jo Smillie 06 345 0609 (Morning Group) Led by Sr John Bosco Kendall rsj.

HOLY FAMILY CRAFT GROUP

Meets weekly on Thursdays 9:30am. For further information contact Shirley 06 344 6365

LADIES COFFEE CLUB

Meets Wednesdays 10am at Cooper's Cafe, 53a Wilson St-All welcome

CLC (CHRISTIAN LIFE COMMUNITY) Phone: Karyn 0278348352

Parish Priest

Rev Fr Vaughan Leslie BTheol, MSPsy 027 385 9615 frvjpleslie@yahoo.com

Assistant Priest

Rev Fr John Roberts MStJ 027 634 6877 jroberts@inspire.net.nz

Parish Secretary-Office hours: 8:30am-3pm Mrs Jo Boult 06 345 3872

info@catholicparishwhanganui.org.nz www.catholicparishwhanganui.org.nz

RCIA Parish Catechist

Mr Kieran Udy BTh Grad Dip Th kudv@cullinane.school.nz

Convener of Care & Concern Team Mrs Jane O'Connell 0273803110

Hospital Chaplain Mrs Norma O'Connor 027 233 4557

Prison Chaplain Mr Sean Ryan 06 349 6887

Positive parenting during COVID-19

To support mental health, resilience and emotional wellbeing for our tamariki and rangatahi, the Ministry of Health has partnered with Whāraurau to offer parents, whānau and caregivers free online versions of the Triple P: Positive Parenting Programme across the country.

https://www.triplep-parenting.net.nz/nz-uken/triple-p/

There are three free Triple P online programmes available to help positively support children to reduce anxiety, build emotional resilience and life skills and cope with challenges:

- Fear-Less Triple P Online for parents and caregivers of children and teenagers (aged six to 14 years) who have significant anxiety
- Triple P Online for parents with toddlers to 12-year-olds
- Teen Triple P Online for parents with 'tweens' or teenagers aged 10 to 16 years.

These programmes will also provide whānau a toolkit to help them to guide behaviour positively and encourage children's learning.





Please keep toys at home where they belong.

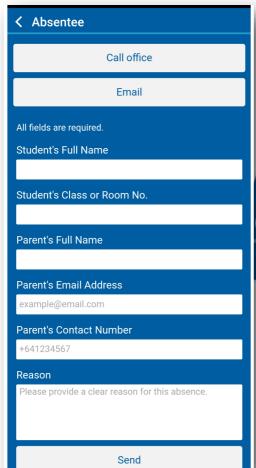
Unfortunately we end up with broken or missing toys which create tears and arguments.







If you have shifted, had a new phone number, changed your emergency contacts or changed work numbers please let us know.





School App
From the Google
Apps / Play Store:
SchoolAppsnz St
Mary's School

Please use our Absentee option on our School App when your child is sick. This makes things so much easier for us here at school. Please give a detailed reason as this helps us to monitor the spread of illness and to assign the correct absence code for the Ministry of Education.

Term Dates - 2022

Term One

Tuesday, 8 February - Thursday 14 April Waitangi Day Monday, 7 February

Term Two

Monday 2 May - Friday, 8 July Queens Birthday - Monday, 6 June Matariki - Friday 24 June

Term Three

Monday, 25 July - Friday, 30 September

Term Four

Monday, 17 October - Thursday 15 December Labour Day - Monday, 24 October End of Term 4 Thursday, 15 December





We need your help...

We have a lot of bugs floating around and they are spreading rapidly.

If your child is unwell with coughs, sore throats, vomiting or has diarrhoea you are required to keep your child at home and remain at home until **48 hours** after all symptoms have stopped.

This is vital to contain the spread of bugs.

Please remember to put their absence in the school app.

Who to see...

If you have a query or concern regarding your child please email or see your child's Teacher first. If you still require assistance please see your child's Team Leader as follows:

Junior Team

Dallas Limpus: dallasl@stmarys.ac.nz
Students from the JLC, Room 3 and 4

JLC: dallasl@stmarys.ac.nz

Room 3: amandab@stmarys.ac.nz
Room 4: lewisw@stmarys.ac.nz

Middle Team

Cath Daignault: cathd@stmarys.ac.nz Students from Rooms 5, 6, 7 and 8

Room 5: heatherl@stmarys.ac.nz
Room 6: theresec@stmarys.ac.nz
Room 7: devonc@stmarys.ac.nz
Room 8: cathd@stmarys.ac.nz



Senior Team

Chris Scudder: chriss@stmarys.ac.nz
Students from Rooms 9, 10 and 11

Room 9: chriss@stmarys.ac.nz
Room 10: sarahp@stmarys.ac.nz
Room 11: iank@stmarys.ac.nz

lvy: ivys@stmarys.ac.nz
DRS: cathd@stmarys.ac.nz

Deputy Principal: katiel@stmarys.ac.nz

Principal: jacquil@stmarys.ac.nz