



Week 3 Term 1 February 2021

School website www.stmarys.ac.nz

School Facebook www.facebook.com/groups/stmarysschoolwanganui

School App From the Google Apps / Play Store: [SchoolAppsNZ St Mary's School](#)

Thank you for your flexibility around Level 2 protocols. We very much appreciate it.

Due to Level 2 protocols we had to postpone **Meet the Teacher Interviews**. We were hoping to hold these next week but our teachers already have a very full calendar so we are needing to move them out to Week 5.

If you have a need to meet with your child's teacher sooner than that please communicate this need to your teacher directly or through Ivy in the office.

The Statement of National Education and Learning Priorities (NELP) set out the Government's priorities for education that will ensure the success and wellbeing of all learners. They are statutory documents issued under the Education Act 2020 that direct government and schools toward the actions that will strengthen the education system to deliver successful outcomes for all learners/ākonga.

This year one of our strategic goals centres on **te reo Māori and tikanga Māori**. You will see a new addition in our fortnightly newsletter that will give you an insight into the journey we are on.

Mā te Atua e manaaki

Jacqui Luxton



E Tipu e ako....

Where learning grows....

Nau Mai Haere Mai,

Welcome to our Te Reo Māori spot!

This term our school is focussing on learning our Ngā Tae in Te Reo Māori (the colours). See if you can learn them too!



Buddy



Reading



Please get your form back to us asap... if your form went missing between school and home please see Ivy for a new one.



The Catholic Parish of Whanganui,
St. Mary's School & Father Vaughan
invite you to

Baptism Information Night

the beginning of you Child's sacramental
journey!

(this is a way to keep your commitment that you agreed to
when you signed the Preference Form when you enrolled at
St. Mary's)

Tuesday 23rd February
6.30pm
At St. Mary's Church
enr Guyton and Campbell Street

Is Your Child Getting Enough Sleep?

14-17 hours



Newborn
0-3 months

12-16 hours



Infant
4-12 months

11-14 hours



Toddler
1-2 years

10-13 hours



Preschooler
3-5 years

9-12 hours



School-Aged
6-12 years

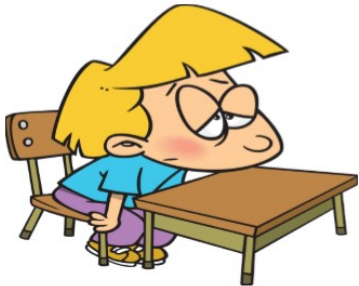
8-10 hours



Adolescent
13-18 years

Warning Signs of Sleep Deprivation

- * ADHD-like behavior
- * Difficult to wake
- * Sleeping 2+ extra hours on weekends
- * Falling asleep in inappropriate places



We are noticing some very tired children...
tired learners struggle to focus and get the best out of their day.

| | Wake-up time | | | | | | |
|-----|--------------|--------|--------|--------|--------|--------|--------|
| | 6:00AM | 6:15AM | 6:30AM | 6:45AM | 7:00AM | 7:15AM | 7:30AM |
| | Bed time | | | | | | |
| AGE | | | | | | | |
| 5 | 6:45PM | 7:00PM | 7:15PM | 7:30PM | 7:30PM | 8:00PM | 8:15PM |
| 6 | 7:00PM | 7:15PM | 7:30PM | 7:30PM | 8:00PM | 8:15PM | 8:30PM |
| 7 | 7:15PM | 7:15PM | 7:30PM | 8:00PM | 8:15PM | 8:30PM | 8:45PM |
| 8 | 7:30PM | 7:30PM | 8:00PM | 8:15PM | 8:30PM | 8:45PM | 9:00PM |
| 9 | 7:30PM | 8:00PM | 8:15PM | 8:30PM | 8:45PM | 9:00PM | 9:15PM |
| 10 | 8:00PM | 8:15PM | 8:30PM | 8:45PM | 9:00PM | 9:15PM | 9:30PM |
| 11 | 8:15PM | 8:30PM | 8:45PM | 9:00PM | 9:15PM | 9:30PM | 9:45PM |
| 12 | 8:15PM | 8:30PM | 8:45PM | 9:00PM | 9:15PM | 9:30PM | 9:45PM |

Uniform Reminders

We take great pride in our school and it begins with uniform! Students looked stunning as they arrived on Wednesday. We want these standards to stay high. Please remember hair ties should be Navy or Black, no nail polish, no rings or bracelets. Taonga and crosses are accepted but must be tucked in. Thank you for your efforts in ensuring our students are the best dressed in town.



- St Mary's Hat
- Navy and Red Check Tunic
- Black Roman Sandals

ITS SUMMER UNIFORM TIME

Please help us!
Name things in at least 7 places.
That way we can return misplaced
items to their rightful owner.



- PE Gear.
- St Mary's T-Shirt
- Navy Blue shorts



- St Mary's Hat
- White Shirt
- Navy and Red Check Skirt
- Black Roman Sandals

**No
Hat
No
Play**



- St Mary's Hat
- Grey Shirt
- Grey Shorts
- Black Roman Sandals

ITS SUMMER UNIFORM TIME

Please help us!
Name things in at least 7 places.
That way we can return misplaced
items to their rightful owner.



- PE Gear.
- St Mary's T-Shirt
- Navy Blue shorts



- St Mary's Hat
- Navy Blue Shirt
- Grey Shorts
- Black Roman Sandals

Please remember to name your child's uniform...

Name it, name it and name it again...

Vivid marker, fancy lables, twink pens, sewn in initials...

We have 260 of everything and it gets hard to return uniform if it is left behind at break.



Who to see... If you have a query or concern regarding your child please see your child's Teacher first. If you still require assistance please see your child's Team Leader as follows:

Junior Team

Dallas Limpus:

Students from JLC, Room 3, 4 and 5

Middle Team

Cath Daignault:

Students from Rooms 6, 7 and 8

Senior Team

Ian Kerr:

Students from Rooms 9, 10 and 11



THE CATHOLIC PARISH OF WHANGANUI
INVITE YOU TO JOIN IN OUR FELLOWSHIP

DISCO!
GAMES!
FOOD!



Youth Group
2021
GROUP

PRAYER!
ACTIVITIES!
FELLOWSHIP!

26 FEBRUARY 5 MARCH 19 MARCH | CULLINANE
COLLEGE
6-8PM | AGED 12-15



Update Contact Info



If you have shifted, had a new phone number, changed your emergency contacts or changed work numbers please let us know.

Sandpit Toys...

Do you have any **old toys that would make excellent fun in the sandpit? We would love them!**

Please drop them into the office.



< Absentee

Call office

Email

All fields are required.

Student's Full Name

Student's Class or Room No.

Parent's Full Name

Parent's Email Address
example@email.com

Parent's Contact Number
+641234567

Reason
Please provide a clear reason for this absence.

Send



St Mary's School
Whanganui



School App

From the Google
Apps / Play Store:
SchoolAppsnz St
Mary's School

Please use our Absentee App when your child is sick. This makes things so much easier for us here at school. Please give a detailed reason as this helps us to monitor the spread of illness and to assign the correct absence code for the Ministry of Education.

Kia Ora

My name is Vivienne East and I am a Registered Nurse based at the Whanganui Hospital. I visit St Mary's School throughout the school year offering support, advice and referrals for any health concerns that parents, caregivers or teachers may have.

Some of the health problems include: allergies, nutrition concerns, growth and development, immunisations, puberty concerns, bedwetting, toileting issues, vision and hearing, parenting support.

I can be contacted on my mobile on 021 373 212 or through the Whanganui Hospital on 06 348 3343 or you can email me on vivienne.east@wdhb.org.nz

Nga Mihi

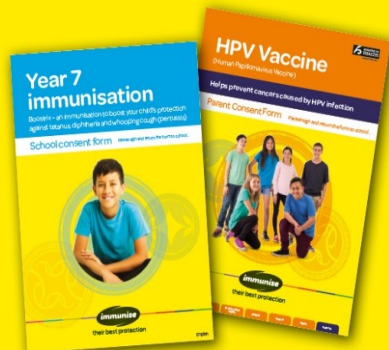
Viv

If your child is in **Year 7 or 8** they'll be offered important **free** immunisations at school. These will help protect them against serious diseases, and will also help protect your whānau and our wider community.

Ask your child for the consent form they've been given for you to read, sign and return to school.

For more information:

Talk to the **Public Health Nurse**
visit health.govt.nz/imms-older-children
or call **0800 Immune**





February

Wiki Whā / Week Four

Monday 22nd:

- Sport Whanganui Year 7 & 8's

Tuesday 23rd:

- Kiwi Cricket Sessions
- Sport Whanganui Leaders Programme Year 7 & 8's
- Intermediate Club - Box Fit at Iron Alley 3.30-4.30

• **Baptism Information Evening**
6.30pm at St Mary's church



Wednesday 24th:

- Technology @ Cullinane Year 7 & 8
- Rotary Readers
- Contributing Year 5 & 6 Swimming Trials
- Assembly 2.15pm

Thursday 25th:

- Contributing Year 5 & 6 Swimming Trials
- Super 6 Year 7 & 8 Swimming Trials

Friday 26th:

- Gifted and Talented Arts
- Super 6 Year 7 & 8 Swimming Trials

March

Wiki Rima / Week Five

Monday 1st:

- Sport Whanganui Leaders Programme Year 7 & 8's
- Meet the Teacher Interviews 3.15 - 5.15

Tuesday 2nd:

- Meet the Teacher Interviews 3.15 - 5.15
- Intermediate Club - Box Fit at Iron Alley 3.30-4.30
- Baptism Course 5.30 at St Mary's Church

Wednesday 3rd:

- Technology @ Cullinane Year 7 & 8
- Rotary Readers
- Meet the Teacher Interviews 3.15 - 5.15

Thursday 4th:

- Meet the Teacher Interviews 3.15 - 5.15

Friday 5th:

- Gifted and Talented Arts